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## VANCOUVER AREA INTERGROUP

# Primary Purpose

FOURTH EDITION OF ALCOHOLICS ANONYMOUS PAGES 17-29

[Chapter 2 - There is a Solution - \(pp. 17-29\) \(aa.org\)](#)

## THERE IS A SOLUTION

We, of Alcoholics Anonymous, know thousands of men and women who were once just as hopeless as Bill. Nearly all have recovered. They have solved the drink problem.

We are average Americans. All sections of this country and many of its occupations are represented, as well as many political, economic, social, and religious backgrounds. We are people who normally would not mix. But there exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful. We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table. Unlike the feelings of the ship's passengers, however, our joy in escape from disaster does not subside as we go our individual ways. The feeling of having shared in a common peril is one element in the powerful cement which binds us. But that in itself would never have held us together as we are now joined.

The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news this book carries to those who suffer from alcoholism.



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### Monthly Business Mtgs.

- ◆ Archives Committee Mtg.-  
03/09/2022 @ 6:00 PM
- ◆ Steering Comm. Mtg. -  
03/14/2022 @ 6:00 PM
- ◆ Intergroup Rep Mtg. -  
03/21/2022 @ 6:30 PM
- ◆ District 27 Committee  
Mtg 03/19/2022 @ 10  
AM&12PM
- ◆ District 27 Business Mtgs.  
03/19/2022 @12PM-3PM
- ◆ District 37 GSR Mtg. -  
03/22/2022 @7:00 PM

## There Is A Solution – page 25 AA Big Book

There is a solution. Almost none of us liked the self-searching, the leveling of our pride, the confession of shortcomings which the process requires for its successful consummation. But we saw that it really worked in others, and we had come to believe in the hopelessness and futility of life as we had been living it. When, therefore, we were approached by those in whom the problem had been solved, there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet. We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed.

The great fact is just this, and nothing less: That we have had deep and effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows and toward God's universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do by ourselves.

If you are as seriously alcoholic as we were, we believe there is no middle-of-the-road solution. We were in a position where life was becoming impossible, and if we had passed into the region from which there is no return through human aid, we had but two alternatives: One was to go on to the bitter end, blotting out the consciousness of our intolerable situation as best we could; and the other, to accept spiritual help. This we did because we honestly wanted to , and were willing to make the effort.



## Fourth Dimension of Existence p.25

Nobody got rocketed anywhere in the physical world until the 1960s. So, the writer in the 1930s who wrote we have been rocketed into a fourth dimension of existence wasn't referring to transportation, he was referring to transformation. It is easy for us who have seen men walk on the moon to miss that. We are not alone in missing the spiritual dimension. Jesus of Nazareth spoke of The Kingdom of God which is within. That dimension is also written in the Torah, the Dhammapada, and the Tao Te Ching.

Others have been missing it for a lot longer than we have been missing it in the Big Book. The people who have not missed it are called masters and mystics. We are living in that dimension whether we are aware of it or not. The fourth dimension is real, it exist, everywhere, all the time. Egos cannot enter the fourth dimension because egos are that part of our mind that think we are separate and in the fourth dimension we are in unity .

On page 25 and many other pages of the Big Book, the writer (a salesman first and foremost) is touting the benefits of recovery to give the reader a reason to continue reading. Recovery is getting your ego aside and shrinking your ego so that the real you can enter the fourth dimension and know it. The Big Book is written to low bottom drunks not to metaphysical scholars. That is why the higher meanings are easy to miss but they are certainly there.

Our message is This is what we did to recover. If you want to recover, do what we did. What we did and what you do, in the physical world, causes things to happen in the spiritual realm (the fourth dimension). At some point you will become awake to what happens in the spiritual realm Spiritual Awakening.

So to the newcomer who cant understand anything that is happening at meetings, know that there is a lot happening in the fourth dimension that you are very much a part of but cant yet see. For the religious person accustomed to being told what he/she should/should not do and being judged by doing/not doing, know that there is no judgment in the fourth dimension and that we are human beings not human doings. It isn't religion that we don't want in AA it is the judgment that we don't want in AA because we don't need it where recovery really happens.

## Ebby Thacher:

### Messenger, 12 stepper, sponsor, relapser

Edwin Throckmorton Thacher (1896-1966), more commonly known as “Ebby” is credited as Bill Wilson’s sponsor (1998). Certainly that is the way that Bill Wilson himself referred to Ebby on numerous occasions (1957).

Ebby was the scion of a wealthy and powerful Albany, NY family and one of the Manchester, VT “summer people,” who along with Lois Burnham (Wilson) was so admired by the youthful Bill Wilson.

Within Alcoholics Anonymous (A.A.) circles Ebby, sober at that time as a result of Oxford Group involvement, calling on Bill in 1934, is the prototypical “Twelfth Stepper.” This is, of course, before there were the Twelve Steps. Bill was still drinking but his friend’s obvious sobriety and happiness, despite the fact he had achieved it through “religious experience,” anathema to Bill at the time, was a powerful attraction to Bill who was deeply unhappy.

Subsequently, Bill spent time with Ebby discussing the Oxford Group and its teaching, meeting other Oxford Group members and going to Calvary Episcopal Church with Lois, meeting Rev. Sam Shoemaker, and attending the separate Calvary Mission meetings which ministered to the homeless and where Bill, drunk, “stepped forward” and “testified.” This really was his first spiritual experience and Bill noted that it had an effect on him, at least in the short run.

When soon thereafter in December of 1934 Bill was hospitalized again in Towns Hospital and had his dramatic spiritual experience it appears to have been Ebby who gave him a copy of William James’ Varieties of Religious Experience, one source for the development of A.A. (2010).

Ebby, then exits center stage and is a minimal presence in most A.A. discussions as first William Duncan Silkworth, then Robert Smith, M.D., and the other cast of early A.A. founders and members step forward. For most interested in A.A., that’s an end to Ebby. He was the messenger from the Oxford Group, the man who showed Bill sobriety was a possibility, the man who introduced him to Sam Shoemaker and William James.

But in reality Ebby, who Bill did regard as his sponsor, was a looming presence until his death in 1966, an exemplar of something that many appear to wish to forget: that alcoholism is a chronic illness characterized by relapse and that many people have periods of sobriety and active illness despite being exposed to the A.A. message. Further, that although the explanation for relapse within A.A. is that the relapsing person “Did not follow instructions.” or “Did not work the Steps properly,” the facts are that relapse is an exacerbation in a chronic illness and needs individual clinical assessment and an individual treatment response.



Multiple relapses were the course of Ebby's alcoholism and it's easy to see why the "rest of his story" has aspects of scandal and anxiety within A.A. circles. First within A.A. there are individuals who believe that they "know the answer" about staying sober, this "answer" is often associated with a strongly orthodox religious viewpoint despite A.A.'s best institutional efforts to rebut this approach. These dogmatists strongly suggest that if only people did A.A. this or that way, they would never drink again. Thus relapse is a result of not "doing" A.A. the way that these individuals demand. Ebby is then a prime example of this.

Alternatively, relapse is a frightening thing for recovering alcoholics. If a person who appears to be following an A.A. way of life can drink again then no one is really "safe" and I too, despite my best efforts might get sick again and suffer the terror and degradation of active alcoholism. This line of thinking characterizes all individuals who have chronic illness and become aware of other individuals who become ill again.

Third, many individuals in early A.A. who knew both Bill and Ebby took a dim view of Bill's repetitive attempts to help Ebby. As Ebby's biographer (1998) describes, Bill contributed to Ebby's financial support and encouraged other's to do so even when Ebby was drinking. This is regarded as "enabling." Bill reached out to friends and colleagues in A.A. to try and help Ebby in other ways, with employment, or placement in various rehabilitation programs. These interventions too, would be viewed as counter-therapeutic by many. Bill invited Ebby to speak at several A.A. conventions during periods when Ebby was sober but many saw this as scandalous because of the pattern of remission and relapse Ebby demonstrated. Further like many alcoholics Ebby was a great guy when he was sober but an irritating and emotionally troublesome person when he was drinking. Thus like a member of the family who is an active alcoholic he was the object of intense negative emotions.

While Ebby Thacher is important for helping Bill become sober, his complete story is also important because it elaborates the complete story of alcoholism. Many people who follow an A.A. program are able to establish permanent sobriety. Some others are not so fortunate. Ebby's life story shows that continued efforts to openly discuss and understand relapse are desirable and should be encouraged. They also remind us that sobriety is a daily affair not always measured in permanent abstinence.

Ebby died in 1966. He was living, with Bill Wilson's support, at a small A.A. rehabilitation program, McPhee Farm, in Vermont.

He was apparently sober when he died.

[Ebby Thacher: messenger, twelve stepper, sponsor, relapser | The Dublin Group, Inc. \(dubgrp.com\)](http://TheDublinGroup.com)

# Step Three

*“Made a decision to turn our will  
and our lives over to the care of  
God as we understood Him.”*



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## AA GRAPEVINE TRADITIONS CHECKLIST

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### TRADITION 3

**The only requirement for AA membership is  
a desire to stop drinking.**

1. In my mind, do I prejudge some new AA members  
as those who likely will not make it?
2. Is there some kind of alcoholic whom I privately or publicly do  
not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or not?
4. Do I let language, religion (or lack of it), race, education, age, sexual identity or other  
such things interfere with my carrying the message?
5. Am I overimpressed by a celebrity, a doctor, a clergyman, an ex-convict? Or can I just  
treat this new member simply and naturally as one more sick human, like the rest of  
us?
6. When someone turns up at AA needing information or help (even if he can't ask for it  
aloud), does it really matter to me what they do for a living? Where they live?  
What their domestic arrangements are? Whether they have been to AA before?  
What their other problems are?

# Financial Statements

	Jan 22	Dec 21
<b>Ordinary Income/Expense</b>		
Income AA	527.50	666.60
Non AA	1,163.14	1,184.36
Total Income	1,690.64	1,850.96
Cost of Goods Sold AA -	338.76	1,286.32
Non AA -	491.46	871.98
5000 · Cost of Goods Sold	83.73	49.43
Total COGS	913.95	2,207.73
Gross Profit	776.69	(356.77)
<b>Expense</b>		
Card Merchant Services	61.38	44.21
Office Supplies	538.96	390.77
Other Expenses	724.07	119.07
Payroll Expenses	3,965.14	3,032.87
Rents	1,317.27	1,113.28
Telephone & Utilities	(16.79)	1,667.09
Total Expense	6,590.03	6,367.29
Net Ordinary Income	(5,813.34)	(6,724.06)
<b>Other Income/Expense</b>		
<b>Other Income Contributions</b>		
Contributions - Groups	2,111.74	2,123.86
Contributions - Individuals	560.31	341.74
Total Contributions	2,672.05	2,465.60
Miscellaneous Income	0.65	36.09
Total Other Income	2,672.70	2,501.69
Net Other Income	2,672.70	2,501.69
Net Income	(3,140.64)	(4,222.37)



## Vancouver Intergroup Treasurer's Report- February 2022

Dear Vancouver Intergroup,

Moving forward we will be sharing financial data out of QuickBooks and bank balances directly to avoid transcription or other manual processing errors. After some initial review and discussion with our office manager, I'd like to note a few items.

- There is no active CPA review, compilation or reconciliation of financial data
- The system is cash based accounting and have non standard inventory tracking, which accounts for occasionally variability in COGS on the income statement
- Many processes are very manual e.g. payroll, processing orders, etc.
  - We have a CPA that I am trying to assess what they do. Looks like sales tax filings, but oddly also payroll for one staff member with manual checks. I need to confirm who prepares the annual tax return.
- Our only online payment method is through PayPal. We could add free transfer accounts like Venmo or CashApp for groups and individuals to submit contributions.
- There are some older entries that need to be corrected
- Tracking group contributions is very manual and dependent on each contribution being clearly marked with a group so that it can be tallied, whether made via cash, check or online. If this isn't marked clearly, the donation will not be credited to the group.
- Our instance of QuickBooks is not currently directly linked to online banking.
- We are in the process of upgrading the office computer and porting over all software and data to the new one .
- We don't currently have accurate prepayment amortization or a process to book these properly so they are showing as large one-time expenses due to the cash basis accounting.
- Short-term, the priority will be to monitor cash changes month to month, any significant variations in expenses, and generally ensure sustainability and continuity of the office by ensuring we are proactively identifying any cash flow issues.

Overall, I see a number of areas we could streamline and automate to reduce errors and cost. I will be evaluating these with LeAnne and hope to have some help with implementation. This will be a gradual process over the two year term as we assess, prioritize and make systematic changes. Some ideas and projects are below:

- I've asked LeAnne to start documenting in a simple format all of the processes in the office so that we can assess them for improvement and/or automation.
- For accounting controls, cost reduction and eliminating errors: moving to an automated payroll service like Gust, QuickBooks, ADP, etc. These are typically low cost and handle all filings, do direct deposit and are scalable if needed.
- Investigate re-allocating accounting spent on payroll and other areas to monthly or quarterly closes and reviews.
- I'd like to link our accounts to QuickBooks and start using the balance sheet report.
- A non accounting project that would save the office a lot of labor, errors and increase usability of the alcoholics serve would be to add a basic email marketing tool like MailChimp and a signup form to the website and in all of our emails. This can then be used for sending out the newsletter and easy self service subscribe/unsubscribe functionality for our members. This is currently a manual process and has a lot of error.



This past month, we saw an increase in a few one time expenses with the purchase of our computer and professional charges from Butterfield accountants. I plan to look into the services provided by Butterfield. Overall, we are in healthy financial condition with a full prudent reserve and a fairly typical balance in the primary checking account. We will monitor the cash flow to ensure that we maintain our position. Some highlights/comments on the report are below:

- Total income was \$4,362.69
  - Merchandise sales were \$1,690.64. Only a slight decrease from the previous period.
  - Group contributions were \$2,11.74. Roughly the same as the previous period.
  - Individual contributions were \$560.31. Significantly higher than the previous period .
- COGS were down significantly from the previous period, again, this is due to how we track our inventory so not a very important number to track unless we change our accounting process.
- Our total expenses were \$6,590.03. Spending increased slightly from the prior period. The computer purchase and accounting charges will be investigated.
- Total cash on hand is \$29,444.06.
  - Prudent reserve has \$13,003.58. This amount is basically unchanged other than small interest accruals.
  - The main checking account ended the month with \$15,040.48. This account saw a decrease of \$2,246.69 from the previous month. This account was \$9,511.70 higher than it was in January 2021.
  - The event account has \$1,400. This was unchanged.
- We will need to continue monitoring retail sales, expenses and group contributions to assess the sustainability of current expense levels, but there is nothing in this past month's statement that raises any alarms.

Yours in Service,  
Alex Treasurer

# Steering Committee Meeting Minutes

## Vancouver Area Intergroup of Alcoholics Anonymous Steering Committee meeting of February 14, 2022

Attendance: Laurie, Michael, Alex, Leanne, Kelsey, Tony, Phil

Opening: The meeting was opened at 6:00pm with the Serenity Prayer. Minutes from the January SC meeting were accepted. Minutes from the January IG meeting were distributed.

Office: The office has a new computer which will be connected as soon as the proper cables are obtained. Leanne reported that she has been working with the hotline committee and with Alex on treasury issues.

Treasury: Please see attached financial report. Alex discussed opportunities for improving financial processes which he outlined in the attached letter.

Hotline: No report. It was noted that the hotline committee is answerable to the IG reps and has provided them with a report each month. It was agreed that this topic will be dropped from future SC meeting agendas.

Old Business: None

New Business/Financial Irregularity: It was found that a former SC member made a personal purchase of \$211.83 with Amazon on 12/27/21 and charged it to IG. The person was contacted, acknowledged the purchase, but to date has failed to reimburse IG. A motion was made to file a dispute of the charge. It was noted that the dispute may require a police report be made. The motion was amended to authorize the reporting. A request was made to allow Alex one more opportunity to request reimbursement. The motion was again amended to take no action until after 2/16/22. Motion passed.

Closing: The meeting was closed with the Lord's Prayer at 6:25pm

Yours in Service,

Phil B      10



# Intergroup Rep Meeting Minutes

## Vancouver Area Intergroup of Alcoholics Anonymous Intergroup Representatives meeting of February 21, 2022

### Attendance:

Laurie*, Sober Uppers	Todd, 1 <sup>st</sup> Shot	Heidi, Minnehaha
Dusty, Cornerstone	Coleman, Cornerstone	Kelsey*, Cornerstone
J.W., Miracles	Leanne*, office manager	Amy, Steel Sharpens Steel
Michael*, Welcome Home	Jessie, Camas Group	Michael, Sunday Solutions
Steve, Over 55	Molly, McGillivray Study Gp	Tony, Rock Bottom Rcvry
Lori, Womens Daily Splmnt	Bruce*, B&P	Barry, New Morning
Alex*, Men's Fireside	Tony, Men's Fireside	Phil*, R360very
Robert, Fireside	Kirsten, East County Women	

\*Steering Committee members

Groups with multiple attendees aware only one may vote on any motions

Opening: The meeting was opened at 6:30pm with the Serenity Prayer. Roll call was taken. Laurie discussed a passage from the Big Book that talks about service by newer members and thanked IG reps for their service. Minutes from the 1/17/2022 IG meeting were accepted. Minutes from the 2/14/2022 SC meeting were distributed.

Hotline: A report from the hotline was distributed showing volunteer opportunities.

Treasury: Please see attached financial report for detailed information. Also please see attached letter from Alex that he discussed which outlines opportunities for improved processes.

Office: Leanne advised the office has a new computer and that she has been transitioning data to it from the old computer. Leanne is looking for volunteers that would like to provide stories for publication in the monthly newsletter.

# Intergroup Rep Meeting Minutes

## Continued.....

Old Business: None

New Business/SC Service Terms: It was noted that the Chair and Vice Chair service terms expire at the same time and it was recommended that their terms be staggered. A motion was made and passed that the Vice Chair term expire on odd numbered years and the Recording Secretary term expire on even numbered years.

New Business/Outreach: The outreach position is available. Dusty explained the duties of this service position. IG reps were asked to bring this service opportunity to the attention of their groups.

Group News/Cornerstone: Dusty advised that Cornerstone is having fellowship on the second Saturday of each month at Oaks Park roller skating rink.

Group News/1<sup>st</sup> Shot: Todd reported that 1<sup>st</sup> Shot has found a method of holding hybrid meeting that has been successful and invited those interested to attend.

Closing: The meeting was closed with the Lord's Prayer at 7:18pm.

Yours in Service,  
Phil B.

Revised: 2/21/2022

<u>Position</u>	<u>Name</u>	<u>Term Expires</u>
Steering Committee Chair	Laurie	12/31/2022
SC Vice Chair	Michael	12/31/2023
Office Manager	Leanne	No defined term
Treasurer	Alex	12/31/2023
Recording Secretary	Phil	12/31/2022
Position 1	Dee	12/31/2022
Position 2	Tony	12/31/2023
Position 3	Kelsey	12/31/2023
Position 4	Bruce	12/31/2022
Hotline	Emily	Self-Governing Committee
Webmaster	Robert	No defined term
Outreach	vacant	No defined term





## Upcoming Events

### MARCH 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9 <b>Archives Committee</b> Mtg: 6:00 pm	10	11	12
13	14 <b>Steering Committee</b> Mtg.: 6:00 pm	15	16	17	18	19 <b>District 27 Committees Mtg.:</b> 10am-12 pm District 27 Business Mtg.: 12 pm-3 pm
20	21 <b>Intergroup Rep.</b> Mtg. 6:60 pm	22 <b>District 37</b> Mtg.: 7:00 pm	23	24 <b>District 7 GSR</b> Mtg.: 7 pm	25	26
27	28	29	30	31		

## Archives Corner



Hello from Vancouver Archives, which currently serves Districts 7 and 37 of Western Washington Area 72. The Archives Committee meets on the 2nd Wednesday of each month at 5:30 p.m. We would love to have you visit our meeting! There are many service opportunities available. The Pacific Northwest Conference, June 24-26 will be on Zoom. The Archives Committee will be working with Area 72 on our presentation. We will also be working on the digitization of audio records. We need your help! If you are interested in being of service by helping our Committee to digitize records, gather group histories and oral histories, not to mention, a variety of other opportunities, please come to the next meeting, where we discuss our various projects and will establish the next scanning event at the Intergroup Office.



PLEASE donate your

group documents to Archives! Don't throw anything out! We will digitize your records and physically store and preserve your signs, relics, etc.

Upcoming Events:

- 03/09/22 5:30-6:30 p.m. Archives Committee Meeting at Intergroup Office.
- 04/13/22 5:30-6:30 p.m. Archives Committee Meeting at Intergroup Office.
- 06/24-26/2022 Pacific Northwest Conference at the Heathman Lodge.

Area Archives and Vancouver Archives will have an Archives room separate from the main room, which will allow for a display of more materials.

Please contact Cindy M. with any questions or comments at: [dist7archives@area72aa.org](mailto:dist7archives@area72aa.org) or call/text: (702) 806-6466 In Service, Vancouver AA Archives Committee



# SHARED BY MEMBERS

I bought a brand name cast iron skillet about a year ago, when I got it new I had to season it. Knowing if I took care of it would last a lifetime. Followed directions and did everything right.

I've maintained it, made sure to clean it the right way and allowed it to keep seasoned and as I cooked 100 great meals in it allowed things to add flavor to it.

Eventually things start to stick and it still works, cooks and things taste great and yet there is a build up of what isn't actually part of the experience of owning cast iron.

Then comes the day I have to strip it back down and start with a fresh seasoning.

Same goes in my recovery. I know it will last a lifetime if I maintain it. I have to ask what I have allowed to add flavor to it though.

What have I allowed beyond what is in the big book? The steps? The traditions? These things may add flavor to my life but are not what saved me or continue to allow me to live joyous and free today.

Sometimes I need to strip down what is recovery and AA and what is not to truly appreciate what else adds flavor to my life.

So for today I will start a new, with fresh eyes to what I am doing in recovery and what is recovery.

Truly blessed Dusty G. sobriety date 1-24-15

Message from Ukraine AA Service Office and Ukraine AA Service Council dated February 28, 2022.

To: the Worldwide AA Fellowship.

Dear brothers and sisters of our global AA family!

We, Alcoholics Anonymous of UKRAINE, are going through difficult times today during the attack on our country. We thank God for bringing us to AA.

We, AA members, are sober. We are thankful that we can go through hard times sober. We need your prayers that we may continue to maintain our peace of mind and sobriety so that we can be of service to our country at this difficult time.

# ROLLER SKATING !!



YOU'RE INVITED TO SKATE WITH US!

**SATURDAY MARCH 12<sup>TH</sup> 2022**

**1:00 PM - 5:30 PM**

OAKS PARK ROLLER RINK  
EAST END OF SELLWOOD BRIDGE  
PORTLAND OR 97202

Oaks Park Roller Rink  
[Directions \(oakspark.com\)](http://oakspark.com)





YOU ARE INVITED TO A

# ST. PATRICK'S DAY

## POTLUCK SOCIAL

March 18<sup>th</sup> 2022

6:30pm-9:00pm

The Lighthouse 6415 SE Mill Plain Blvd

Corned Beef & Cabbage Provided. Please Bring your  
Favorite Irish Dish. Punch and Coffee Provided.  
Games. 50/50 Raffle. Music. Fellowship.



**MEN IN RECOVERY HOCKEY NIGHT**

**SUNDAY, MARCH 20, 2022 - 5:00PM**

**AT THE MODA CENTER PORTLAND**

***PORTLAND WINTERHAWKS***

**VS**

***SEATTLE THUNDERBIRDS***

**LOWER BOWL TICKETS \$26**

**Payment due by March 9 to get**

**the Group discount rate**

**Questions? - Gary G Gomez 510 593-3662**

**SPREAD THE WORD!**



## **SECRETARY WORKSHOP**

Taking Meeting Minutes Best Practices

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**APRIL 23<sup>RD</sup> | 9:30AM - 11:00AM**

**ZOOM LINK (HYPERLINKED)**

**<https://area72m-org.zoom.us/j/6196104776>**

**CALL IN: 1-253 215 8782**

**MEETING ID: 619 610 4776**

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**Would you like to discuss how to take efficient and effective meeting minutes? Please join us!**

**During this workshop we will discuss:**

- Meeting minute templates
- How to take minutes efficiently
- Share best practices

**Doors open at 9:15AM**



**Live and on Zoom**

## Rogue Roundup

April 29, 30 & May 1,  
2022

Speakers, Meetings, Service,  
Merchandise, Food, Fellowship  
& FUN!



**www.RogueRoundup.com**  
for updates & Registration



The mission of the Regione Lombardia is to continue to provide support where demanded and find formulae can serve best for citizens. To listen to specialists, have fun and carry the message to everybody and every day.

Vancouver Area Intergroup 2022 Newsletter will be distributed in the first week of each month instead of the middle of the month.

If you would like to share your :

- AA Birthday on the Calendar
- Experience Strength & Hope
- AA related content or topics
- AA Flyers

In the Upcoming Newsletters please feel free to email :

[vancaa@vanintgrp.com](mailto:vancaa@vanintgrp.com)

**You Are Wanted Needed & Loved!**

