

PRIMARY PURPOSE

I Am Responsible...

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to contact the office (360) 694-3870

Who knows — the life you save could be your own..

When Anyone...

MONTHLY BUSINESS MEETINGS

| | |
|---------------------|------|
| Finance Comm. Mtg | 4/10 |
| 5:15 pm | |
| Steering Comm. Mtg | 4/10 |
| 5:30 pm | |
| Intergroup Mtg | 4/17 |
| 6:30 pm | |
| District 37 GSR Mtg | 4/25 |
| 7:00 pm | |
| District 7 GSR Mtg | 4/27 |
| 7:00 pm | |

NEWSLETTER CONTENTS

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Step Four

Made a searching and fearless moral inventory of ourselves

.....Next we launched out on a course of vigorous action, the first step of which is a personal housecleaning, which many of us had never attempted. Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and be rid of, the things in our selves which have been blocking us. Our liquor was but a symptom. So we had to get down to causes and conditions.

Therefore, we started upon a personal inventory. This was Step Four. A business which takes no regular inventory usually goes broke. Taking a commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.

We did exactly the same thing with our lives. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Bring convinced that self, manifested in various ways, was what had defeated us, we considered it's common manifestations.

Did You Know...



Significant events which occurred in April



4/11/1938—Alcoholic Foundation held it's first meeting.

4/1/1939—"Alcoholics Anonymous", AA's Big Book was published

4/19/1940—First AA group in Little Rock, Arkansas , was formed

4/24/1940—The first AA pamphlet, "AA", was published

4/3/1941—First Florida AA meeting was held

4/7/1941—Bills's secretary reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post article by Jack Alexander

4/25/1951—AA's first General Service Conference was held

4/1/1966—Sister Ignatia died at the age of 77

4/2/1966—Harry Tiebout, M.D. died

4/16/1973—Dr Jack Norris, Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House

4/30/1989—The film "My Name is Bill W.," was broadcast at 9 p.m. on ABC TV..

Other events in April for which we have no specific date

1958—The word "honest" was dropped from "an honest desire to stop drinking," in the AA Preamble

1960—Bill W. refused to be on the cover of Time Magazine

1988—Cybil C., Archivist and the first woman member in Los Angeles died.



Big Book Facts

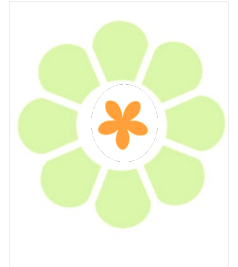
- ◆ The first printing produced 4,730 copies.
- ◆ The first printing cost \$.35 per book to print
- ◆ The initial price was \$3.50, which made it a very expensive book for it's time. The equivalent to \$58 a copy today.
- ◆ The chapter "To Employers" is the only chapter not written by Bill W. It was written by Henry "Hank" Parkhurst.
- ◆ The word "powerless" is only used once in the first 164 pages
- ◆ The name "Big Book" became a nick name used to describe the book because of the thickness of the paper used in the first printing.

Vancouver Area Intergroup

Would like to celebrate with you!



HAPPY BIRTHDAY



April Birthdays

Michelle—16 years

Rich F.—17 years

Heather M.—8 years

Mark S.—4 years

Matt A.—5 years

Judy H.—4 years

Mary Etta—25 years

Heather F.—1 year

Matthew—7 years

Mikeila N.—24 years

Jerry F. —1 year

If you would like to acknowledge someone celebrating a monthly or annual birthday. Please contact our office and we will get them added to the newsletter.

Your donations help support your Area Intergroup.

FROM EXPERIENCE, I'VE REALIZED THAT I CANNOT GO BACK AND MAKE A BRAND-NEW START. BUT THROUGH A.A., I CAN START FROM NOW AND MAKE A BRAND-NEW END.

ALCOHOLICS ANONYMOUS
4TH EDITION
"SAFE HAVEN"



*When they say 'keep coming back,'
this is not the place they were talking about."*

—Anonymous



Financial Statements

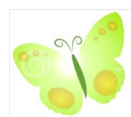


| March | Donations | Year to Date |
|-----------------|-------------------------------|-----------------|
| | 11th Step Prayer & Meditation | 5.00 |
| 125.00 | 159th Street Women's Group | 125.00 |
| 257.20 | A New Morning | 940.44 |
| | As Bill See's It | 219.00 |
| | B & P | 11.00 |
| 50.00 | Battleground AA | 50.00 |
| | By the Book Study Group | 100.00 |
| 13.76 | Camas Group | 32.69 |
| | Chapter Nine | 83.14 |
| | Easier Softer Way | 47.00 |
| 300.00 | Eastside Brown Baggers | 600.00 |
| 100.00 | Eastside Women's Meeting | 100.00 |
| 38.82 | First Shot | 158.77 |
| 138.51 | Fresh Start | 402.20 |
| 7.00 | LaCenter Group | 7.00 |
| 30.00 | Lighthouse | 120.00 |
| | McGuilivray Study Group | 409.28 |
| | Men's Eastside | 200.00 |
| 42.00 | Men's Fireside | 42.00 |
| 300.00 | Miracles at Noon | 950.00 |
| | OB's Speaker's Meeting | 112.00 |
| 19.27 | Ready and Willing | 19.27 |
| | Renegades | 35.00 |
| 200.00 | Saturday Night Big Book Study | 200.00 |
| | She Who Remembers | 40.00 |
| 120.00 | Step Sisiters | 120.00 |
| 200.00 | Stevenson AA | 200.00 |
| | Sunday Solutions | 387.00 |
| 88.00 | Wayfarer's | 176.00 |
| | Wednesday Night Recovery | 198.83 |
| 63.16 | Welcome Home | 102.89 |
| 7.24 | West Vancouver Group | 7.24 |
| | Women's Emotional Sobriety | 83.00 |
| | Women's Fireside | 125.00 |
| 2,099.96 | SUBTOTAL | 6,408.75 |
| 61.00 | Miscellaneous | 122.81 |
| 2,160.96 | TOTAL | 6,531.56 |

| | March | YTD |
|---------------------------|--------------------|--------------------|
| Revenue | | |
| Sales | 4989.45 | \$12,792.25 |
| Contributions | 2160.96 | \$ 6,531.56 |
| Misc. Income | \$ 129.50 | \$ 424.93 |
| | \$ 7,279.91 | \$19,748.74 |
| Expenses | | |
| Cost of goods sold | \$ 2,925.72 | \$ 7,498.03 |
| Merchant Services | \$ 89.53 | \$ 235.71 |
| Office supplies | \$ 22.17 | \$ 347.35 |
| Office equipment rent | \$ 212.25 | \$ 569.97 |
| Building rent | \$ 875.00 | \$ 2,625.00 |
| Utilities | \$ 316.25 | \$ 1,262.39 |
| Net Wages | \$ 1,777.44 | \$ 4,703.43 |
| Payroll taxes | \$ 398.66 | \$ 1,463.83 |
| Sales Tax | \$ - | \$ 1,008.76 |
| Insurance | \$ 500.00 | \$ 500.00 |
| Misc. Licenses,taxes,fees | \$ 0.10 | \$ 10.10 |
| Fundraising - Picnic | \$ - | \$ 50.00 |
| | \$ 7,117.12 | \$20,274.57 |
| Net Income | \$ 162.79 | \$ (525.83) |

| Cash Flow Statements | | | |
|------------------------|-----------------|--------------------|------------------|
| March | | | |
| Checking | | Prudent Reserve | |
| Beg Balance | 6,377.55 | Beg Balance | 12,531.88 |
| Deposits | 8,477.77 | Transfer In | 77.51 |
| Expenses | (7,901.73) | Interest | 0.64 |
| Transfer to Sales Tax | (390.83) | End Balance | 12,610.03 |
| Transfer to Prudent | (77.51) | | |
| End Balance | 6,485.25 | | |
| | | Event Account | |
| | | Beg Balance | |
| | | Balance | 1,250.00 |
| | | Sales Tax Account | |
| | | Beg Balance | 265.19 |
| | | Transfer In | 390.83 |
| | | End Balance | 656.02 |
| Employee Payroll Taxes | | | |
| Beg Balance | 797.96 | | |
| Interest | 0.02 | | |
| End Balance | 797.98 | | |

| Payroll | |
|----------------------------|---------------|
| Gross Wages | 2,059.94 |
| Taxes | |
| Social Security | 127.71 |
| Medicare | 29.87 |
| Federal Unemployment | 12.36 |
| WA - Unemployment | 2.88 |
| WA - Employment Admin Fund | 0.62 |
| Total Liability | 173.44 |



STEERING COMMITTEE MINUTES FOR MARCH 13, 2017

The meeting opened at 5:30 pm.

ATTENDANCE:

| | | | |
|---------------------------|----------------|-----------------------------|-----------------|
| Chairperson Jeff H | <i>Excused</i> | Vice-Chair | Rebecca(Beci) S |
| Position #1 | David C. | Position #2 Robert L | <i>Excused</i> |
| Position #3: | Greg H | Recording Secretary | Virginia E |
| | | Alternate John B. | <i>Excused</i> |
| | | Treasurer Marcy B | <i>Excused</i> |
| Visitors: | | | |
| Richard R. | | | |
| Laurie H | | | |
| | | | |

In the absence of Jeff H, Beci S (vice-chair) chaired the meeting. First, it was established that a quorum was present to conduct our Steering Committee business meeting as set forth in our Guidelines.

The Steering Committee minutes for February 13, 2017 were read. Motion by David; seconded by Virginia. Approved.

The Intergroup Rep meeting minutes for February 20, 2017 were read.

HOTLINE REPORT: Hotline slots are currently filled. Please continue to announce in Home Groups our continued need for 12 step volunteers. Volunteers may call our Intergroup Office to sign up.

TREASURER'S REPORT: Treasurer's Report reviewed by Steering Committee, along with a breakdown of Employer's portion of payroll taxes paid for February. Discussion regarding inclusion of the payroll tax breakdown in our Treasurer's Report to be presented to the Intergroup Reps. It was agreed we would provide the breakdown as previously and repeatedly requested by a couple of Reps (excluding hourly wage and hours worked).

It was noted that the payment from "Sales Tax Account" of \$1,008,76 was for a 3 month period paid in February for Washington State sales tax (of which 100% is paid by consumer). David moved, Greg seconded, February Financial Statement/Treasurer's report approved.

Virginia inquired of the status of transferring a portion of our net income of approximately \$1,300 from the Gratitude Dinner to our prudent reserve as done by previous Steering Committees. The current Steering Committee had put the transfer on hold until we paid for our outstanding inventory purchases. With both Jeff and Marcy absent, we will further discuss at next Steering Committee meeting so we can receive an up to date report of our outstanding invoices yet to be paid for product purchases. In the meantime, we have transferred 5% previously established and implemented (see February 2017 meeting minutes) to be transferred to the prudent reserve each month. Virginia

offered to review our Treasurers' Reports for the last 12 months to determine what our average balance on hand in our checking account is at the end of each month.

INTERGROUP REPORT: Total incoming telephone calls to our Intergroup office for February 109; 48 of which were general/office inquiries, 58 requests for meetings, and 3 were 12 step calls.

WEBSITE REPORT: We had 818 new viewers in February, of which 69 were from Canada, 5 from China and 2 from India.

COMMITTEES:

Finance Committee:

Vancouver Area Intergroup Pamphlet: Greg presented a proposed pamphlet providing information to AAs what Intergroup's primary purpose is and also to encourage contributions from Home Groups and individual AA members, as contributions are an important part of Intergroup's income and survival.

Insurance: Annual liability insurance premium has been paid. (\$500 paid to The Hartford.)

Budget: Updated budget reflecting February 2017 to date provided for review. Greg also provided an analysis in graph form indicating a comparison of "revenue" and "expenses".

Phone Contract: Greg is still investigating and collecting information for our consideration.

Reserve for Moving Location of Office. Greg suggested we set up a savings account/reserve in case we will need to move with the landlord's low upkeep of the building. Virginia suggested that we simply check out other potential office locations/rents first as we already have an abundance of special Intergroup reserve accounts and it will just simply reduce our cash flow at this time. Let's investigate first. David of the Lighthouse shared his Home Group's experience when they had to move.

OLD BUSINESS: None

NEW BUSINESS:

Picnic Committee: Jennifer, our Picnic Chair (not present), secured Saturday, June 24, 2017 at The Marshall Center for annual Intergroup Picnic. Jeff is our Picnic Treasurer and will make sure receipts are presented prior to reimbursement to Picnic Committee members. Picnic guidelines and "to do" list for Picnic Chair will be located.

Gratitude Dinner: Some receipts still forthcoming.

Review of 2016 Motions: Summary of 2016 motions was prepared by Marcy and presented to Steering Committee members. Virginia noted it is in our Intergroup guidelines that this be done every February for attachment and an update to our Guidelines. Steering Committee members will take Summary of 2016 motions home to review and consider at next Steering Committee meeting.

AA Flyers for Intergroup Reps: Virginia requested our AA flyers be placed in a more conspicuous location for the Reps to see and take back to their Home Groups, or attach to

our handouts to the Reps. (While I very much appreciate Marcy's organizational skills and keeping our meeting room neat, I noted Reps did not see, nor pick up flyers last month.)

Meeting Schedule Codes: We discussed improving the meeting codes in our meeting schedule for clarity purposes. A Steering Committee member will contact Last Chance (Doug) to confirm that Last Chance is still a smoking meeting. If such is the case, "SM" will be assigned to any "smoking" meetings. Our current meeting schedule states, unless otherwise noted all meetings are non-smoking.

Inclusion of LGBT code to be assigned to appropriate meeting as such.

Area Newsletter: Virginia inquired which months Area's newsletter goes to press as last month we received a request from District to provide Area with a short summary of our Intergroup's activity for inclusion in Area's quarterly newsletter. We reviewed the current newsletter and determined mid-March and every subsequent quarter. (I will calendar dates of March 1, June 1, Sept 1, and Dec 1 for due dates and review by Steering Committee of summary to be presented to Area.)

Employee's 6 Months Review: Virginia noted we are late on our employee's 6 month review as set forth in our Guidelines (which should have taken place the end of October or the 1st of November 2016). Beci will remind Jeff to schedule private Steering Committee meeting.

David moved, Virginia 2nd, Meeting adjourned at 6:09 p.m.

Yours in Service,
Virginia E.,
Recording Secretary

INTERGROUP REP MINUTES FOR MARCH 20, 2017

The meeting opened at 6:30 pm.

ATTENDANCE:

| | | | |
|------------------------------|--------------------|-------------------------|----------------------|
| Chairperson | Jeff H | Vice-Chair | Rebecca(Beci) S |
| Position #1 | David C. | Position #2 | Robert L. |
| Position #3 | Greg H. | Alternative | <i>(excused)</i> |
| Recording Secretary | Virginia E | Office Assistant | Marcy B |
| REPRESENTATIVES: | | | |
| Bozo's By the Berries | Jeff H. | Lighthouse | David C. |
| Camas Group | Robert L. | Men's Fireside | Tom S. |
| Coffee Break | Jackie J. | Over 55 | Richard R |
| Cornerstone | Shane R. | Reconcile | Marc O. |
| Early Birds | Chuck R. | Sober Sickos | Laurie H. |
| 1st Shot | Greg H. | Sober Uppers | Darcy S |
| Hockinson | Shirlene H | Welcome Home | Julie U. |
| How It Works | Virginia E. | | |
| | | VISTOR | John W. (Alt) |

16 Reps present.

The Intergroup Rep meeting minutes for February 20, 2017 were read and approved.
The Steering Committee minutes for March 13, 2017 were read.

HOTLINE REPORT:

Time slots are currently filled, however, we are always in need of 12 step call and hotline volunteers

TREASURER'S REPORT: February's Treasurer's report was given. Moved and 2nd to approve. Passed.

We anticipate a refund from The City of Vancouver for our 2016 picnic deposit.

INTERGROUP REPORT: Total calls logged into our Intergroup Office was 109; 48 of which were general/office, 58 meeting requests, and three 12 step calls.

Our annual liability insurance of \$500.00 to The Hartford Ins Co. has been paid.

WEBSITE REPORT:

818 new visitors to our website, of which 69 were from Canada, 5 from China and 2 from India.

COMMITTEES:

Finance Committee: Budget is attached to our hand out, along with a monthly budget monitoring report and chart indicating budgeted amounts and actual amounts; and a graph

indicating decline in revenue, and increase in expenses (a loss/deficit in February of \$1,264.41, and loss/deficit year to date of \$688.62).

OLD BUSINESS:

None

NEW BUSINESS:

- a) Greg suggested a "Home Group Treasurer" workshop. Reps to discuss with their Home Groups and report back of any interest in such.
- b) Laurie H. suggested options/additions to our Primary Purpose of the following:
Birthday Club: Change the words, "Come in to our office," to "**Contact** our office."
March Flyers: Should be placed in "date/chronological" order.
Calendar of Events Page: Should include the "*Flyers*" events as well, and the location of the District meetings. Julie clarified that while District 37's Standing Committee Chairs give a report at District 37's GSR meeting, the actual Committee meetings themselves are held at different times set by each Committee. It was also suggested to include our e-mail and website addresses in header.
- c) Tom suggested that the Event Flyers for the Reps to take back to their Home Groups, and the Rep Sign-In Sheet be placed on the table as you enter the Intergroup meeting room so that they are easily accessible.
- d) Office hours were discussed to increase our sales. Preorders were discussed, and the possibility of Reps picking up their Home Groups' prepaid orders between 6 and 6:20 pm the evening of our Rep meeting.

Meeting adjourned at 7:16 pm.

Yours in Service,

Virginia E
Recording Secretary



APRIL



OB's Speaker Meeting

April 1st, 2017

May 6th, 2017

7:00 pm

Eastridge Church

14100 SE Sunnyside Road

Clackamas, OR 97015

Speaker: TBA

Meeting is always the first

Saturday of the month

Friday Night Happy Hour

April 7th, 2017

May 5th, 2017

7:30pm

Speaker Meeting

Camas Friends Church

NE 4th and Lone St.

Camas, WA. 98607

Speakers: TBA

Meeting is always the first Friday of the month

Wayfarer's Speaker Meeting

April 8th, 2017

7:00 pm

*** NEW LOCATION ***

St. John's Lutheran Church,

11005 NE Hwy 99

Vancouver, WA. 98686

**AA speaker: Gary S.
From: Portland**

Al-Anon Speaker: Lois H

Kleen Street Speaker Meeting

Friday, April 14th

7:00 pm

5317 NE St. John's Road

Vancouver, WA 98661

RULE 62

Speaker's Meeting

Saturday, April 15th, 2017

7:00 pm

Central Bible Church

8815 NE Glisan Street, Portland

Central Group's Birthday Meeting

Friday, April 28th

8:00 pm

1501 Columbia Street

Basement

Vancouver, WA 98660

Vancouver Intergroup Picnic

Saturday, June 24th, 2017

1:00 pm–5:00 pm

Marshall Center Pavilion

1069 E McLoughlin Blvd

Vancouver, WA 98663

\$10—Polish Dog or Cheeseburger
Includes chips, drink & 2 raffle tickets

POTLUCK!

A-H appetizer/salad

I-P side dish

Q-Z dessert

Lots of Family Fun!

Bring a chair or Blanket

Contact Jennifer D (360) 607-3387 or

Intergroup (360) 694-3870

To be of service or make a donation

Hockinson Potluck

Sunday April 30th

Potluck at: 6:00 pm
Meeting follows at: 7:00 pm

Elim Lutheran Church

15815 NE 182nd Ave

Brush Prairie, WA 98606

Carson AA Spirit of the Gorge Potluck

Sunday April 30th, 2017

6:30 pm

952 Wind River Road

Carson, WA

The last Sunday of every month is our
potluck at 6:30 pm,
followed by a guest speaker at 7 pm

Forged From Adversity

Moving back to LifePoint Church

305 NE 192nd Ave

Vancouver, WA 98684

Beginning,

Friday, April 7th

6 pm

Contact Julie @ (360) 719-8396

with any questions

March Phone Calls

Office/general: 50

Meetings: 46

12 Step: 5

Total Calls: 101



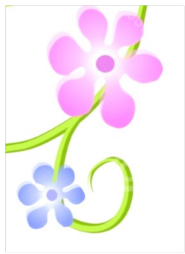
APRIL

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|------------------------------------|-----------|-----------------------------------|--|--------------------------------------|
| | | | | | | 1 OB's Speaker Meeting |
| 2 | 3 | 4 | 5 | 6 | 7 Friday Night Happy Hour Speaker Meeting 7:30 pm | 8 Wayfarer's Speaker Meeting 7 pm |
| 9 | 10 Finance Mtg 5:15pm Steering Committee Meeting 5:30 pm | 11 | 12 | 13 | 14 KS Speaker Meeting 7:30 pm | 15 Rule 62 7 pm |
| 16 Easter  | 17 Intergroup Rep. Meeting 6:30 pm | 18 | 19 | 20 | 21 | 22 |
| 23 30 Carson Potluck 6:30 pm Hockinson Potluck 6 pm | 24 | 25 District 37 GSR Meeting 7 pm | 26 | 27 District 7 GSR Meeting 7 pm | 28 Central Group's Birthday Meeting 8 pm Soberfest | 29 28th–30th |

MAY

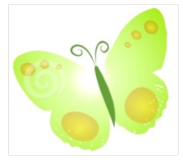
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|------------------------------------|-----------|-----------------------------------|--|---|
| | 1 | 2 | 3 | 4 | 5 Happy Hour Speaker Meeting 7:30 pm Rogue Round | 6 OB's Speaker Meeting up 5th–7th |
| 7 | 8 Finance Mtg 5:15pm Steering Committee Meeting 5:30 pm | 9 | 10 | 11 | 12 KS Speaker Meeting 7:30 pm | 13 Wayfarer's Speaker Meeting 7 pm |
| 14 Mother's Day  | 15 Intergroup Rep. Meeting 6:30 pm | 16 | 17 | 18 | 19 | 20 Rule 62 7 pm |
| 21 | 22 | 23 District 37 GSR Meeting 7 pm | 24 | 25 District 7 GSR Meeting 7 pm | 26 Central Group's Birthday Meeting 8 pm | 27 |
| 28 Carson Potluck 6:30 pm Hockinson Potluck 6 pm | 29 | 30 | 31 | | | |

* All business meetings, including those for District 7 and District 37 are held at the Intergroup office *
2203 Fairmount Avenue, Vancouver WA 98661



Word Search

On and Off the Beam



G T J M J M Y D V Y A R Y P M S E Z Y W D N N X J D
R D Z L X K N Q M Y M C M T T R E G L X W G Q Q V K
A P M J J W Y T T X Y Y T J V S E L A O L R R Q J T
T M D B D L Z J W P Z G B I S P R C F R V M T M M Y
E D R E N Y S U O L A E J E O S O E N I U E L D Q D
F Z E C O B B D Y R G E N V S N L Y S E S O D A R K
U I G I I L M N P I G E K E S V Y Y T E I H C I C L
L N N D T M D T V A V Y N I Y N L T V I N T N V R Z
N C A U A B D I R I H E D N N D G L S M P T A E B P
Q O J J C T N U G T V E Y Y Y D N J Y E P J M P S B
R N W E I G O R A I R X B Y T D N V Y J D T F E J S
M S G R F C O P G A T S U R T S N E Q T O O V L N R
Q I V P I F M R T D E R T A H E E M S L I D M T E T
Z D L Q T Y O I G T Z L L L V B N N E S T N M B B S
B E P Q S F O N O I T A R E D O M R O J L B A M J W
Y R R P U N J B T D Y X J E K S A M M H M M Z V T K
T A P F J T J N K N W J E K I N E Y Q X B P Y G R P
P T L T M L W G N V G R Z C C X P V T Z P R L M T P
Y E H U M I L I T Y G Z I E Z T O W Q N M F N Z R M
S D W L T Q N J Q G G T Y P B G H J J W A N F D W N
B M O Y Q W R L Q V I P T N T B G N Z I V L J E D M
G M R Y L M V T Q R P M R L R T Q K T V Y K Z L A Y
J P R M M V R V C J Z Q T G L P D H Y T R N L T T R
Z T Y K Y L D N K W L Y R T T Z B T B J J K K D M B

Action

Forgiveness

Justification

Selfishness

Anger

Giving

Kindness

Self-Pity

Calm

Grateful

Love

Sympathy

Consideration

Greed

Moderation

Tolerance

Courage

Hatred

Modesty

Trust

Courage

Honesty

Patience

Vanity

Criticism

Hope

Prejudice

Worry

Envy

Humility

Pride

Faith

Inconsiderate

Resentment

Fear

Jealousy

Self-Forgiveness

