

# PRIMARY PURPOSE

## VANCOUVER AREA INTERGROUP

2203 Fairmount Ave, Suite A, Vancouver, WA 98661 (360) 694-3870

### Our new website just keeps getting better!

We can now get meeting alerts right from the home page! You can also view & print event flyers straight from the website!

For flyers: Just click on the Events heading, select the event you are interested in and click on the flyer link. It's really that easy!

Check out all the great information at:

[www.vancouveraa.org](http://www.vancouveraa.org)

*If you settle for  
your wildest dreams,  
you will be selling yourself short.*



### Step Two

*"Came to believe that a power greater than ourselves could restore us to sanity."*

Much to our relief, we discovered we did not need to consider another's conception of God. Our own conception, however inadequate, was sufficient to make the approach and to effect a contact with Him. As soon as we admitted the possible existence of a Creative Intelligence, a Spirit of the Universe underlying the totality of things, we began to be possessed of a new sense of power and direction, provided we took other simple steps. We found that God does not make too hard terms with those who seek Him. To us, the Realm of Spirit is broad, roomy, all inclusive; never exclusive or forbidding to those who earnestly seek. It is open, we believe, to all men.....

We needed to ask ourselves but one short question. "Do I now believe, or am I even willing to believe, that there is a Power greater than myself?" As soon as a man can say that he does believe, or is willing to believe, we emphatically assure him that he is on his way. It has been repeatedly proven among us that upon this simple cornerstone a wonderfully effective spiritual structure can be built.

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### MONTHLY BUSINESS MEETINGS

Finance Comm. Mtg	2/13
5:15 pm	
Steering Comm. Mtg	2/13
5:30 pm	
Intergroup Mtg	2/20
6:30 pm	
District 7 Standing Comm	2/23
6:30 pm	
District 7 GSR Mtg	2/23
7:00 pm	
District 37 GSR Mtg	2/28
7:00 pm	

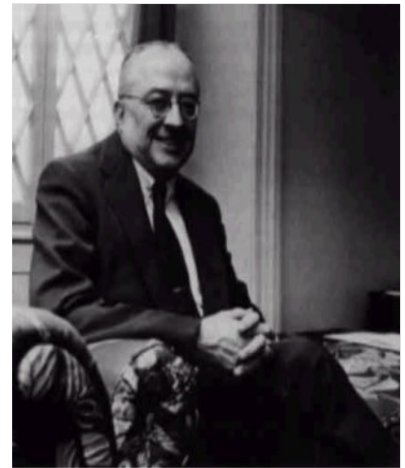
# Did You Know...

## **Significant events which occurred in February**

- 2/21/1939—400 copies of the Big Book manuscript were sent to doctors, judges, psychiatrists, and others for comment. This was the “multilith” Big Book
- 2/1/1942—Ruth Hock, AA’s 1st paid secretary, resigns to get married. Bill Wilson pays tribute to
- 2/18/1943—AA’s were granted the right to use cars for 12th step work in emergency cases, despite gas rationing
- 2/23/1959—AA granted “Recording for the Blind” permission to tape the Big Book
- 2/19/1967—Father “John Doe” (Ralph Pfau), 1st Catholic Priest in AA, dies
- 2/9/2002—Dr. Bob’s daughter, Sue Smith Windows, dies

### Occurred some time during the month

- 1938—Rockefeller gave \$5,000 to AA
- 1939—Dr. Harry Tiebout endorsed AA, the first psychiatrist to do so
- 1940—1st AA clubhouse opened at 334-1/2 West 24th Street, NYC



Dr. Harry Tiebout

## **The 12 Steps as Ego Deflating Devices**



### **What does Surrender Mean?**

For reasons still obscure, the program and the fellowship of AA could cause a surrender which in turn would lead to a period of no drinking. It became ever more apparent that in everyone's psyche there existed an unconquerable ego which bitterly opposed any thought of defeat. Until that ego was somehow reduced or rendered ineffective, no likelihood of surrender could be anticipated.

AA, still very much in its infancy, was celebrating a third or fourth anniversary of one of the groups. The speaker immediately preceding me told in detail of the efforts of his local group—which consisted of two men—to get him to dry up and become its third member. After several months of vain efforts on their part and repeated nose dives on his, the speaker went on to say: "Finally, I got cut down to size and have been sober ever since," a matter of some two or three years. When my turn came to speak, I used his phrase "cut down to size" as a text around which to weave my remarks. Before long, out of the corner of my eye, I became conscious of a disconcerting stare. It was coming from the previous speaker.

It was perfectly clear: He was utterly amazed that he had said anything which made sense to a psychiatrist. The incident showed that two people, one approaching the matter clinically and the other relying on his own intuitive report of what had happened to him, both came up with exactly the same observation: the need for ego reduction. It is common knowledge that a return of the full-fledged ego can happen at any time. Years of sobriety are no insurance against its resurgence. No AA's, regardless of their veteran status, can ever relax their guard against a reviving ego.

The function of surrender in AA is now clear. It produces that stopping by causing the individual to say, "I quit. I give up on my headstrong ways. I've learned my lesson." Very often for the first time in that individual's adult career, he has encountered the necessary discipline that halts him in his headlong pace. Actually, he is lucky to have within him the capacity to surrender. It is that which differentiates him from the wild animals. And this happens because we can surrender and truly feel, "Thy will, not mine, be done."

Unfortunately, that ego will return unless the individual learns to accept a disciplined way of life, which means the tendency toward ego comeback is permanently checked.

This is not news to AA members. They have learned that a single surrender is not enough. Under the wise leadership of the AA "founding fathers" the need for continued endeavor to maintain that miracle has been steadily stressed. The Twelve Steps urge repeated inventories, not just one, and the Twelfth Step is in itself a routine reminder that one must work at preserving sobriety. Moreover, it is referred to as Twelfth Step work—which is exactly what it is. By that time, the miracle is for the other person.

-Dr. Harry M. Tiebout, M.D.



**Vancouver Area  
Intergroup  
Would like to celebrate  
with you!**

**February Birthdays**

Kathy W.—1 year	Jane—7 years	Joe—20 years
Joe—2 years	Darcy S.—8 years	Roy C.—23 years
Sheila—3 years	Trish—12 years	
Sean B.—4 years	Brad—14 years	

*If you would like to acknowledge someone celebrating a monthly or annual birthday. Please come in to our office and we will get them added to the newsletter.*



***THE TWELVE REWARDS***

1. Hope instead of desperation
2. Faith instead of despair
3. Courage instead of fear
4. Peace of mind instead of confusion
5. Self-respect instead of self-contempt
6. Self-confidence instead of hopelessness
7. The respect of others instead of their pity and contempt
8. A clean conscience instead of a sense of guilt
9. Real friendships instead of loneliness
10. A clean pattern of life instead of a purposeless existence
11. The love and understanding of our families instead of their doubts and fears
12. The freedom of a happy life instead of the bondage of an Alcoholic obsession



# Financial Statements

January	Donations	Year to Date
5.00	11th Step Prayer & Meditation	5.00
418.37	A New Morning	418.37
100.00	By the Book Study Group	100.00
12.62	Camas Group	12.62
83.14	Chapter Nine	83.14
66.72	First Shot	66.72
120.30	Fresh Start	120.30
60.00	Lighthouse	60.00
289.00	McGuilivray Study Group	289.00
200.00	Men's Fireside	200.00
350.00	Miracles at Noon	350.00
112.00	OB's Speaker's Meeting	112.00
35.00	Renegades	35.00
40.00	She Who Remembers	40.00
387.00	Sunday Solutions	387.00
88.00	Wayfarer's	88.00
143.83	Wednesday Night Recovery	143.83
39.73	Welcome Home	39.73
83.00	Women's Emotional Sobriety	83.00
125.00	Women's Fireside	125.00
<b>2,758.71</b>	<b>SUBTOTAL</b>	<b>2,758.71</b>
39.81	Miscellaneous	39.81
<b>2,798.52</b>	<b>TOTAL</b>	<b>2,798.52</b>

January	YTD
<b>Revenue</b>	
Sales \$ 3,342.45	\$ 3,342.45
Contributions \$ 2,798.52	\$ 2,798.52
Misc. Income \$ 99.15	\$ 99.15
<b>\$ 6,240.12</b>	<b>\$ 6,240.12</b>
<b>Expenses</b>	
Cost of goods sold \$ 1,913.45	\$ 1,913.45
Merchant Services \$ 70.65	\$ 70.65
Office supplies \$ 38.59	\$ 38.59
Office equipment rent \$ 125.91	\$ 125.91
Building rent \$ 875.00	\$ 875.00
Utilities \$ 561.25	\$ 561.25
Net Wages \$ 1,533.37	\$ 1,533.37
Payroll taxes \$ 546.11	\$ 546.11
<b>\$ 5,664.33</b>	<b>\$ 5,664.33</b>
<b>Net Income \$ 575.79</b>	<b>\$ 575.79</b>

Cash Flow Statements			
January			
Checking		Prudent Reserve	
Beg Balance	6,447.62	Beg Balance	12,530.66
Deposits	7,067.86	Interest	0.64
Expenses	(7,699.16)	<b>End Balance</b>	<b>12,531.30</b>
<b>End Balance</b>	<b>5,816.32</b>		
Employee Reserve & Taxes		Sales Tax Account	
Beg Balance	327.77	Beg Balance	573.95
Tx from ckg	470.17	Tx from ckg(2 mths)	700.00
<b>End Balance</b>	<b>797.94</b>	<b>End Balance</b>	<b>1273.95</b>
		Event Account	
		Balance	1,400.00

Payroll			
Gross Wages	\$1,816.40	Tax Liability	\$172.85

“We who live in the haven of AA cling together with an intensity of purpose which the outside world seldom comprehends. The anarchy of the individual melts away. Self-love subsides and democracy becomes a reality. We begin to know true freedom of the spirit.”

“The individual in Relation to AA as a Group”,  
AA Co-Founder, Bill W., July 1946  
The Language of the Heart





## STEERING COMMITTEE MINUTES FOR JANUARY 9, 2017

The meeting opened at 5:52 pm.

### ATTENDANCE:

<b>Chairperson</b>	Jeff H	<b>Vice-Chair</b>	Rebecca(Beci) S
<b>Position #1</b>	David C.	<b>Position #2</b>	Robert L.
<b>Position #3: Greg H.</b>	<i>Excused</i>	<b>Recording Secretary</b>	Virginia E
		<b>Alternate</b>	John B.
		<b>Treasurer</b>	Marcy B
<b>Visitors:</b>			
Richard R.			
Darcy S			
Laurie H			

The Steering Committee minutes for December 12, 2016 were read. Corrections noted. Motion by David; seconded by Robert. Approved as corrected.

The Intergroup Rep meeting minutes for December 19, 2016 were read.

**HOTLINE REPORT:** There is an open position for Tuesday night/Wednesday morning shift from 12am to 6am. The start time of the shift could be changed to meet the needs of the volunteer's sleeping schedule. Please call the office for more details.

12 Step Volunteers Needed: Intergroup needs more 12 step volunteers and requests information to reestablish a roster which is geographically aligned so the hotline can dispatch AAs who are reasonably close to the person calling in.

**TREASURER'S REPORT:** Marcy read Treasurer's Report. Laurie requested a balance sheet, which will be available next meeting.

**INTERGROUP REPORT:** Total telephone calls logged were 102; 63 of which were general/office inquiries, 34 requests for meetings, and 5 were 12 step calls.

**WEBSITE REPORT:** The meeting alerts on the front page are updated frequently so please pass the word along to check the website for meeting schedule changes and additions. John B. suggested we provide information where literature of other 12 step programs can be acquired, including their links for general information and meeting schedules.

### OLD BUSINESS:

New Steering Committee Members: Robert L as Position #2 and John B. as our Alternate were welcomed.

Inventory of Product for Sale Completed: The end of year inventory took place Friday, December 30, 2016 which took about 3-4 hours with Marcy and 4 additional volunteers. The majority of the Inventory was counted prior to the volunteers transferring the totals

to paper and was done by both Marcy and Scott throughout the week. Marcy worked Sunday to update QuickBooks with the Inventory Item Adjustments so it would be updated for the start of business, Monday, January 2nd. The Office opened after the Inventory as scheduled. Thank you all for the great work!! Marcy, Robert, Greg, Scott, and Jeff.

Jamboree won't be renting space in our storage room.

Prices of Product for Sale: After review of price comparisons and vendor increases, Beci moved, David 2<sup>nd</sup>, unanimously passed to moderately increase sales prices of certain product items.

## **COMMITTEES:**

Finance Committee: Proposed Intergroup Budget prepared by Marcy B. and handed out last month was briefly reviewed. Beci moved, Robert 2<sup>nd</sup>, unanimously passed to accept the budget.

The Finance Committee meeting held on January 9, 2016 at 5:15 pm, discussed Intergroup's income, where most of Intergroup's money comes from (meeting donations and product sales) and whether we needed to explore some kind of outreach/education/ carry the message to the groups concerning how integral Intergroup/District/Area and GSO are for ensuring the ongoing viability of AA. The objective being to understand if there is a reason some meetings do not contribute and encourage all meetings to actively support these necessary organizations in accordance with approved AA literature.

## **NEW BUSINESS:**

IDrive: Back up options of Quick Books and computer were discussed. Beci moved, David 2<sup>nd</sup>, unanimous passed to pay \$100 per year for IDrive backup solution.

Motions: Jeff handed out a suggested draft Motion presentation format. It was discussed to include it in our procedure manual. Motion format is as suggested by Area Delegate, that a matter is discussed, then a motion made, so that the motion is better formatted and inclusive.

12 Step Volunteers: More 12 step volunteers are needed. Providing Home Groups and each District with sign-up sheets to hand out was discussed. Sign up 12 Step Volunteer List should include information to reestablish a roster which is geographically aligned so the hotline could dispatch people who were reasonably close to the person calling in

Meeting adjourned at 7:00 p.m.

Yours in Service,  
Virginia E.  
Recording Secretary

## INTERGROUP REP MINUTES FOR JANUARY 16, 2017

The meeting opened at 6:30 pm.

### ATTENDANCE:

<b>Chairperson</b>	Jeff H.	<b>Vice-Chair</b>	Rebecca(Beci) S.
<b>Position #1</b>	David C.	<b>Position #2</b>	Robert L. <i>Excused</i>
<b>Position #3</b>	Greg H.	<b>Alternative</b>	John B <i>Excused</i>
<b>Recording Secretary</b>	Virginia E	<b>Office Assistant</b>	Marcy B.
<b>REPRESENTATIVES:</b>			
<b>Bozo's By The Berries</b>	Jeff H.	<b>Lighthouse</b>	David C.
<b>Early Birds</b>	Chuck R.	<b>Men's Fireside</b>	Tom S.
<b>1<sup>st</sup> Shot</b>	Greg H.	<b>Over 55</b>	Richard R
<b>Hockinson</b>	Shirlene H.	<b>Reconciled</b>	Mark O.
<b>How It Works</b>	Virginia E.	<b>RecoverWe</b>	Janna
<b>Ladies By the Lavender</b>	Liz W.	<b>Sober Uppers</b>	Darcy S.

12 Reps in attendance.

The Intergroup Rep meeting minutes for December 19, 2016 were read. Moved by Beci, 2<sup>nd</sup> by Mark. Approved.

The Steering Committee minutes for January 9, 2017 were read. Mark inquired of the increase in price of product for sale. Virginia explained our vendors increased their sales prices by approximately 10%, our office rent has increased by \$200/month; thus cost of vendors' increase causes Intergroup to increase their prices.

### HOTLINE REPORT:

One open position for Tuesday night/Wednesday morning 12 midnight to 6:00 am.

### TREASURER'S REPORT:

Marcy read the Treasurer's Report. Mark moved, Liz 2<sup>nd</sup>. Approved. The value of our inventory on hand was indicated on the Treasurer's Report.

### INTERGROUP REPORT:

Total telephone calls logged were 102; 63 of which were general/office, 34 meeting requests and 5 were 12 step calls.

Century Link repaired our phone lines. Maureen, Hot Line Chair, assisted in answering the phones while our office phones were down.

### WEBSITE REPORT:

The meeting alerts section is continually being updated with meeting and event changes/cancellations. Scott (our webmaster) was able to count hits on our website (approximately 40 to 45 hits per day).

**COMMITTEES:**

Finance Committee: The Finance Committee met and will continue to meet the 2<sup>nd</sup> Monday of the month at 5:15 pm at the Intergroup Office. Any interested AAs are welcome.

Budget: 2017 Budget based on 2016 expenses was presented to Reps. Office Supplies total also includes our ID domain name. Rep requested gross wages as opposed to net wages, and also requested line items for payroll taxes (Social Security, L&I, etc)

**OLD BUSINESS:**

Inventory: Inventory was completed Friday, December 30<sup>th</sup> in the morning; and the office opened at its usual time of 12:00 noon. Marcy advised she placed sizable orders to our vendors for non-GSO product (coins, etc)

Job Description: Various discussions regarding revised job description submitted to the Reps by Jeff. Darcy noticed closing the office the next business day if the holiday lands on a weekend was not approved by Reps. Holiday pay was discussed, noting no legal obligation to pay holiday pay whatsoever in accordance with L&I, State and Federal laws. Jeff stated he collected monetary donations from AA members to pay Marcy extra as both Christmas and New Year's Day landed on weekends. In accordance with our current policy, the office was opened as scheduled the following Mondays, which days the employee worked and was paid accordingly.

Virginia suggested the Steering Committee meetings to start at 6:00 or 6:30 pm as in the past to be more available for AA members and their work schedules. David requested that change be a Steering Committee decision.

Alternative office hours were discussed to increase office sales. By appointment, or preorders were discussed to accommodate Reps not being able to shop during Intergroup's regular store hours.

**NEW BUSINESS:**

Summary Balance Sheet: Attached to Reps' handout. Jeff pointed out we are very close to balance 1 year go (Dec 31, 2015).

Meeting adjourned 7:33 pm.

Yours in Service,  
Virginia E  
Recording Secretary



# February

## Wayfarer's Speaker Meeting

February 11th, 2017  
7:00 pm

### \* NEW LOCATION \*

St. John's Lutheran Church,  
11005 NE Hwy 99  
Vancouver, WA. 98686

**AA speaker: Madeleine P.**  
**From: Happy Valley**

## Alateen Speaker

### Sober Bowl Party

Sunday, February 5th  
3:00 pm—end of game

14602 NE 113th Street  
Vancouver, WA

Burgers & Drinks provided

Bring a said dish to share (optional)

### Central Group's Birthday Meeting

Friday, February 24th  
8:00 pm

1501 Columbia Street

Basement

Vancouver, WA 98660

### Kleen Street Speaker Meeting

Friday, February 10th  
7:00 pm

5317 NE St. John's Road  
Vancouver, WA 98661

## Alateen Annual Spaghetti Dinner and Dessert Auction Fundraiser

Saturday, February 11th, 2017

5:00—6:30 pm

St. John's Lutheran Church,  
11005 NE Hwy 99  
Vancouver, WA. 98686

Dinner includes: spaghetti, garlic bread,  
salad, water and cake

Adults: \$8

Kids: \$5

Couples: \$15

Wayfarer's speaker meeting is immediately

### Friday Night Happy Hour

February 3rd, 2017

March 3rd, 2017

7:30pm

Speaker Meeting

Camas Friends Church

NE 4th and Ione St.

Camas, WA. 98607

**Speakers: TBA**

*Meeting is always the first Friday of the month*

### The Language of the Heart

Day retreat for women

Saturday March 4th

St. Joseph Catholic Church  
Marian Hall  
405 S Andresen Road

Website:

[www.VancouverWomensRetreat.com](http://www.VancouverWomensRetreat.com)

Registration begins at 9 am

## OB's Speaker Meeting

February 4th, 2017

March 4th, 2017

7:00 pm

Eastridge Church

14100 SE Sunnyside Road

Clackamas, OR 97015

**Speaker: TBA**

*Meeting is always the first*

*Saturday of the month*

### RULE 62

### Speaker's Meeting

Saturday, February 18th, 2017  
7:00 pm

Central Bible Church  
8815 NE Glisan Street, Portland

**AA Speaker:**

**All-Anon Speaker:**

### Hockinson Potluck

Sunday February 26th

Potluck at: 6:00 pm

Meeting follows at: 7:00 pm

Elim Lutheran Church  
15815 NE 182nd Ave  
Brush Prairie, WA 98606

### January Phone Calls

Office/general: 48

Meetings: 55

12 Step: 6


Total Calls: 109

AA needs 12 step volunteers to take occasional phone calls. Intergroup or hotline volunteers will call you with a phone number of someone that would like more information about AA. If you are interested please call the office or come in to give us your name, number and area of residence. Your help is needed.

# FEBRUARY

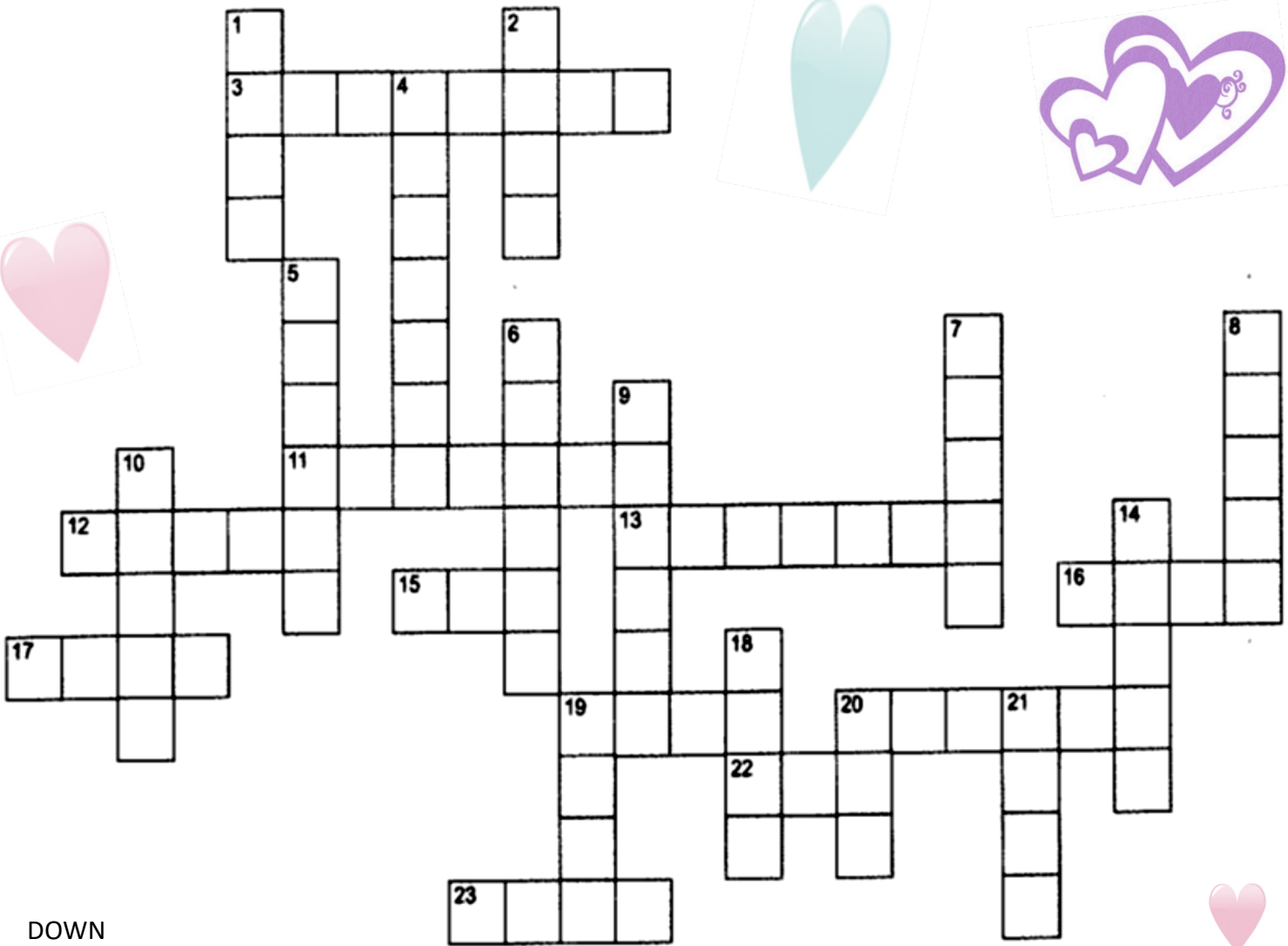
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Friday Night Happy Hour Speaker Meeting 7:30 pm	4 OB's Speaker Meeting
5	6	7	8	9	10 KS Speaker Meeting 7:30 pm	11 Wayfarer's Speaker Meeting 7 pm
12	13 Finance Mtg 5:15pm Steering Committee Meeting 5:30 pm	14 	15	16	17	18 Rule 62 7 pm
19	20  Intergroup Rep. Meeting 6:30 pm	21	22	23 District 7 Standing Committees 6:30 pm District 7 GSR Meeting 7 pm	24 Central Group's Birthday Meeting 8 pm	25
26	27	28 District 37 GSR Meeting 7 pm				

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Friday Night Happy Hour Speaker Meeting 7:30 pm	4 OB's Speaker Meeting
5	6	7	8	9	10 KS Speaker Meeting 7:30 pm	11 Wayfarer's Speaker Meeting 7 pm
12	13 Finance Mtg 5:15pm Steering Committee Meeting 5:30 pm	14	15	16	17 	18 Rule 62 7 pm
19	20 Intergroup Rep. Meeting 6:30 pm	21	22	23 District 7 Standing Committees 6:30 pm District 7 GSR Meeting 7 pm	24	25
26	27	28 District 37 GSR Meeting 7 pm	29	30	31 Central Group's Birthday Meeting 8 pm	

# CROSSWORD

## The Steps



### DOWN

- 1 Step 8 says to make this?
- 2 What was unmanageable?
- 4 We are powerless over this?
- 5 How do we ask God?
- 6 Make this with others
- 7 Decision step
- 8 Our primary purpose is to stay?
- 9 Asked God to do this with our shortcomings
- 10 God could and \_\_\_\_\_
- 14 Pray for the \_\_\_\_\_ to carry it out
- 18 The point is to \_\_\_\_\_ along spiritual lines
- 19 First inventory step?
- 20 Continued inventory step?
- 21 \_\_\_\_\_ of power was our dilemma

### ACROSS

- 3 Doing the same thing over and over again
- 11 Came to \_\_\_\_\_
- 12 Searching and fearless \_\_\_\_\_ inventory
- 13 We are to carry this
- 15 Improve our conscious contact with who?
- 16 You won't overcome drinking without this step
- 17 Pray for knowledge of His \_\_\_\_\_
- 19 Driven by 100 forms of this?
- 20 Step with it's own chapter?
- 22 Which step can be worked 100%?
- 23 Turn our will over to the \_\_\_\_\_ of God